

ROTTNEST

SWIM FACT SHEET

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LOCATION: AUSTRALIA - WESTERN AUSTRALIA

POPULARITY

The Rottnest Channel Swim is extremely iconic and very popular swim in Australia. Swimmers return each year from all over Australia to take part. The swim has entries for both soloists and teams, but beware that the team entries sell out in minutes. If you're booking a solo, these tend to be available for about a week after entries opening, but enter as soon as you can.

KEY CONTACTS

Rottnest website:
<https://rotnnestchannelswim.com.au/Rottnest>
Facebook groups:

- Rottnest Channel Swim boat and paddler group
- Rottnest Channel Swim tips tricks and discussion group



QUALIFYING CRITERIA

Qualifying Criteria:

- A Rottnest Channel Swim solo crossing within the previous two years (2018/2019), or
- A 10km qualifying swim between 1 November 2019 and 1 February 2020

For international swimmers who can't meet the above, then the following will suffice if completed within the previous 2 years

- The English Channel (34km)
- Catalina Channel (32km)
- 20 Bridges Swim - Manhattan Island (46km)
- 8 Bridges - Hudson River, New York (21km - 32km)
- Traversee Internationale du lac St-Jean (32 km)
- Ederle Swim (28km)
- Around Jersey Swim (65km)

Alternatively email the organisers query@rotnnestchannelswim.com.au with details of another swim that may suffice. It's also possible the organisers will take a 10km timed and witnessed swim in a long course pool but this must be agreed with them.

RULES

The Rottnest Channel Swim is highly competitive and is run under FINA rules.

A Swimmer may:

- wear two suits so long as one suit comprises only briefs (men and women) or a bikini (women)
- grease the body before a swim
- wear goggles
- wear two caps (your official Event swim cap must be the outer one worn)
- wear a nose clip
- wear earplugs
- wear a rash vest / stinger suit

A Swimmer may not:

- wear any item with neoprene or any other buoyant material
- wear a watch or earphones/headphones

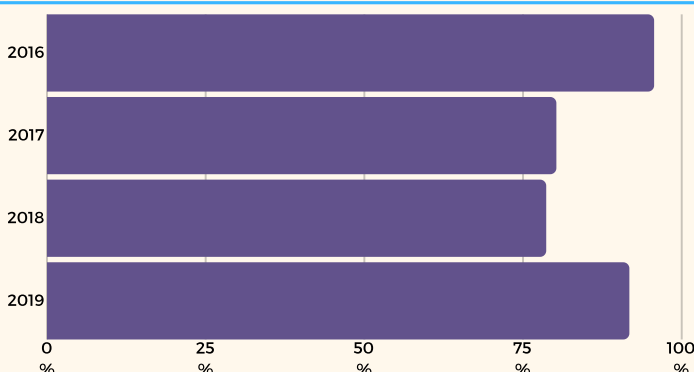
Other:

Officials boats are stationed out on the course to observe swimming. There are also approx. 1500-2000 swimmers, approx. 300 are soloists, so a lot of self monitoring will occur.

PLANNING IS KEY

- Boat hire, you have to find your own boat
- Kayak support, you have to find your own kayak support (this isn't mandatory for solos but is advisable)
- Plan how you will get to the swim and what you will do with your kit at the start (there is no storage)
- Plan what side of the course your boat and kayaker will be on. How will you meet them in the water?
- Plan how you will meet your boat and kayak support at the finish. It is chaos with thousands of people around!
- Check if your boat needs to purchase mooring, if so, do it early!
- Plan how you will get back to the mainland (if you're not staying on the Island - accommodation here books out up to 2 years in advance). If you need to book a ferry, do it early as these start to book out once swimmers have a guaranteed entry

SUCCESS RATE



QUICK VIEW

	-VE	+VE
Temperature (Warm!)	●●●●●	●●●●●
Distance (19.7km)	●●●●●	●
Conditions (Challenging)	●●●●●	●●
Success rate	●●●●●	●
Price (>£1,000)	●●●●●	●●●●●
Iconic	●●●●●	●●●●●
Marine life (jellies, sharks)	●●●●●	●