

LAKE ZURICH

SWIM FACT SHEET

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LOCATION: EUROPE - SWITZERLAND

SUMMARY

The Lake Zurich Marathon dates back to 1987 and is organised by the Sri Chinmoy Marathon team. It takes place in August each year and is 26km in duration, starting at Rapperswil and ending in Zurich. The swim comprises several categories: solo or team events; wetsuit & non-wetsuit; main category and masters (over 50). Registration closes in November. It's always oversubscribed. Expect it to take 3 years to get a place.

KEY CONTACTS

EVENT WEBSITE

<https://ch.srichinmoyraces.org/zürichsee-schwimmen-marathon-swim>



Sri Chinmoy Marathon Team
Postfach 76
CH-5420 Ehrendingen
Switzerland

The website contains all the information you need on the swim, how to enter and also includes results from all previous years.

KEY FACTORS

Temperature range: 19-26C

The lake is clean and generally calm, but can become more interesting if it's windy.

The swimmer will be accompanied throughout the race by a kajak, row boat or motor boat.

Price is approximately £360 (2020 prices) and includes:

- boat
- food (before & after)
- t-shirt
- certificate
- medal

TIME CUT-OFFS

The cut-off times assume that you will slow down throughout the swim. If that's not you, or you're a slower swimmer, please be aware as to whether you can make these cut-offs in fresh water (there are no exceptions):

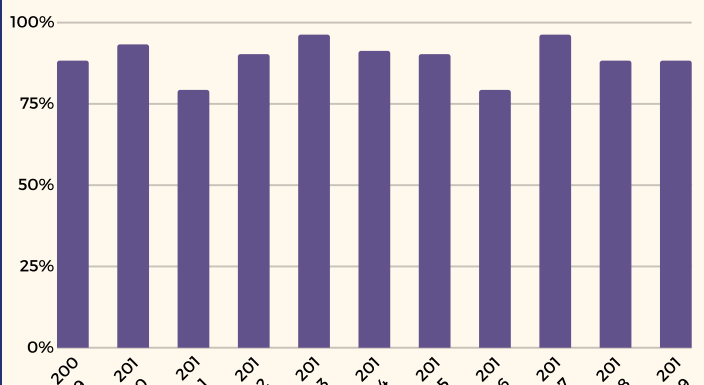
- Meilen (14.3km) by 6.5hrs
- Küsnachter Horn (21.8km) by 9.5hrs
- Zurich finish by 12hrs



FINAL THOUGHTS

- This is one of the friendliest events that you could ever enter. The organisers are just delightful. It's a big swim yet somehow they make it feel relaxed before and during the event itself.
- You will swim alongside a kayak, rowing boat, yacht or motorboat
- If you can arrange your own boat it may be possible to get a slot in your first year of asking.
- Switzerland is VERY expensive. So even though the swim itself is pretty inexpensive your accommodation and meals out will set you back a lot
- I'd recommend staying in Rappersweil, it's an easy walk to the start and lots of places to eat and wander round when not swimming.
- The train system is very reliable so no need to hire a car. Take the train from the airport to Zurich and then to Rappersweil (choose the route that goes by the lake!)

SUCCESS RATES



QUICK VIEW

	-VE	+VE
Temperature (19-26C)	●●●●●	●●●●●
Distance (26k)	●●●●●	●●●●●
Conditions	●●●●●	●●●●●
Success rate (90%)	●●●●●	●●●●●
Price (£350)**	●●●●●	●●●●●
Iconic	●●●●●	●●●●●
Marine life (fish & birds)	●●●●●	●●●●●