

LAKE TAHOE TRUE WIDTH

SWIM FACT SHEET



LOCATION: USA - CALIFORNIA / NEVADA

Author: Sylvia Lacock

POPULARITY

The newest sanctioned course (est. 2017) on Lake Tahoe, the True Width spans 12-miles and offers a spectacular swim into the sunrise. The True Width has quickly become the most popular course on the lake with a distance perfect for experienced marathon swimmers wanting a solid training swim and new swimmers looking to stretch from a 10km or 10-mile. Book up to 6-12 months for best dates; late bookings are often available 3-months in advance for those with flexible travel dates. The season typically runs from mid-July to the third week in August.

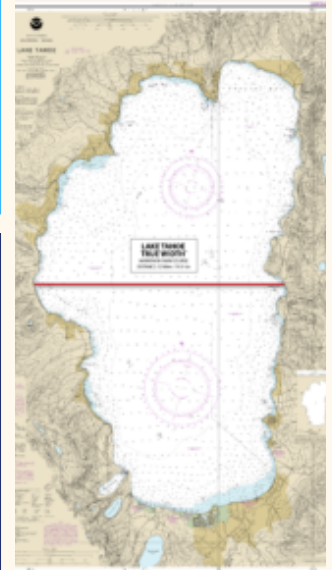
KEY CONTACTS

Lake Tahoe Open Water Swimming Association

www.swimtahoe.org - a 501(c)3 non-profit

2020 - \$395 application fee for solos (\$195 goes to the Observer as a stipend)

Pilots: Pacific Open Water Swim Co. (www.swimtahoe.com); optional crew services are available for swimmers traveling solo.



KEY FACTORS

At 1,900 meters, the altitude can be a challenge for swimmers.

Stunningly beautiful swim with the crisp air, clean, sapphire blue water and mountains

The True Width starts early in the morning ~4:30am. Most swims finish in under 8 hours.

Swims can be done solo, tandem (with pilot approval) and 2-6 person relays
Swim start and swim finish locations are clearly defined and must be adhered to.

Kayaks are discouraged; feeds are handled from the boat

RULES

“Channel Rules” + Garmins and other smartwatches are not allowed

An observer will be appointed to ensure you adhere to the rules

You must clear the water at the start and finish of the swim

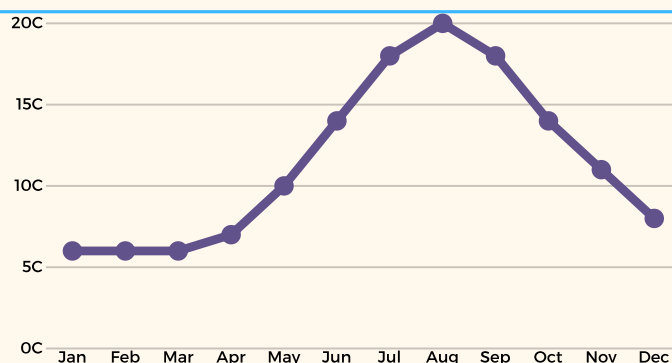
You may not touch the boat or any other person

You may have a support swimmer after the first three hours for up to one hour at a time with a minimum two hour gap in between; no drafting

FINAL THOUGHTS

- Ideal for those looking for a middle-distance course
- Swim as a tandem with a similar-speed friend to save money on pilot and Association fees
- Channel swimmers often use this as a training swim; others use this as their goal swim before moving onto the Catalina Channel or English Channel the following year.
- Part of the Lake Tahoe Triple Crown (Length of Tahoe, 12-mile True Width, 10.6-mile Vikingsholm)
- Accommodations can be pricey as Lake Tahoe is a destination for Californians; book early or ask your pilot for shared housing options.

AVERAGE WATER TEMPERATURE



QUICK VIEW

	-VE	+VE
Temperature (16.6-20.5C)	●●●●	●
Distance (12 miles)	●●●●	●●
Conditions	●●●●	●
Success rate (87%)	●●●●	●
Price (<\$2,300)	●●●●	●
Iconic	●●●●	●
Water quality (stellar!)	●●●●	●